



**MENTAL
HEALTH
FIRST AID®**
Australia

What are the different options to receive support? 🔍

◀ Choose the best fit - preferred contact method.

EMAIL

- Technology - Support Services:
mhfa@mhfa.com.au
- Course delivery - Specialists: course specific email addresses
- Program membership - Compliance:
instructors@mhfa.com.au

**IF IN DOUBT USE
MHFA@MHFA.COM.AU**

◀ Urgent Issues that need immediate resolution

PHONE CALL

- Support Services
 - 9:30AM - 4PM
 - Mon - Fri
 - Victoria - AEST/ADST
 - 03 9079 0200
- Specialist
 - Office hours
 - Mon - Fri
 - Various locations
 - see “Contact Us” for specific numbers

**HEAD OFFICE:
03 9079 0200**

◀ Complex issues requiring discussion

APPOINTMENT

- Specialist support
- 15 minute duration
- 24 hours notice
- Booking Tool found under the “Contact Us”
- provide detail in the book to allow specialist to prepare
- request Zoom if needed

**CHECK YOUR RESOURCE
LIBRARY FIRST**