

10 TOPICS

for presentation



Opening

What to demonstrate at the beginning of the session and why it is important.

“3 sentence” lived experience share.

Icebreaker (all)



Safe Environment

Making a safe learning environment – what do you do and how do you do it?

How to prepare the group for a sensitive topic?

Sensitive Topic



Debriefing Distress

How do you debrief after sensitive content has caused distress?

Managing lived experience when it's raised in your course by participant.

Lived Experience



Language and Suicide

Language use when discussing suicide, being respectful and empathic.

How to talk about statistics and address curly questions?

Statistics



Evidence Base

What is the importance of the MHFA evidence base?

Closing out a course – what do you as an instructor need to include and why?

Closing



Questions

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See your Participant Presentation Guide for more details. Contact your specialists with additional questions.