



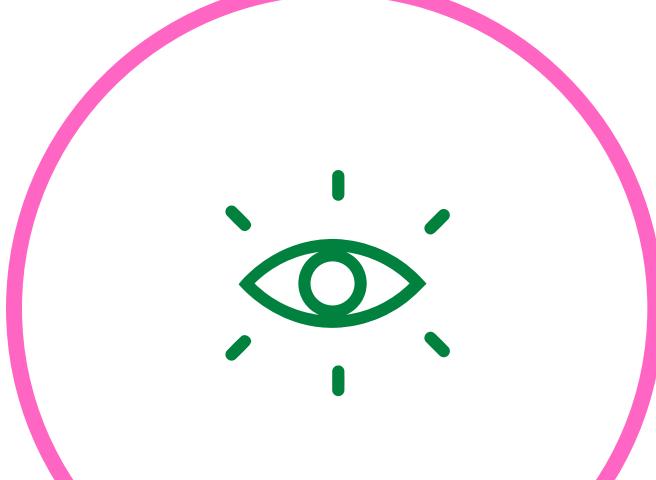
**MENTAL  
HEALTH  
FIRST AID®**  
Australia

# READY FOR YOUR FACILITATED SESSION

**1**

## TOPICS

- everyone prepares the icebreaker
- specialists will provide you with 1 or 2 additional topics from the list - via email



**2**

## PREPARATION

- 3 minutes for content
- cover key content ~ 1 point per minute
- 1 minute for audience engagement
- use manual and teaching notes for reference
- no visual aids



**3**

## PRACTICE

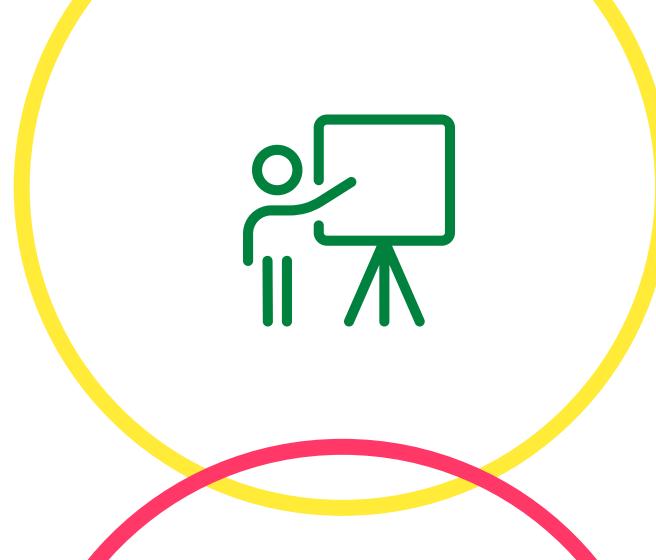
- timing is an assessment criteria
- demonstrate facilitation skills
- use content provided only



**4**

## DELIVER

- small group setting
- up to 10 instructors
- assessed by specialists
- 5 areas of consideration



**5**

## RETURN

- pass assessment
- program membership current
- license reactivated
- platform access restored
- able to deliver courses

