



**MENTAL HEALTH  
FIRST AID®**  
INTERNATIONAL

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Dear Mental Health First Aid community,

We're entering an exciting new phase for Mental Health First Aid – one focused on strengthening support for our community and expanding our impact across Australia. Our goal is to double our reach to 3 million Australians trained in MHFA by 2030, ensuring more people have the confidence and skills to help when it matters most – and ensuring they are supported after their training is finished.

We've heard through surveys and feedback that MHFAiders want more ways to stay connected, confident and active after completing their course. That's why we're developing the MHFAider Champions Hub – a new digital community and learning platform designed to expand post-training support, increase engagement and retention, and empower MHFAiders to continue making a difference in their workplaces and communities.

These developments have been shaped through consultation with our National MHFA Instructor Reference Group and MHFAider Advisory Group, whose insight and enthusiasm have helped guide what this next stage of MHFA looks like – and how we can best strengthen the community together.

To make these improvements possible – and to sustain growth, quality and innovation across MHFA programs – we are introducing a new Learner Access Pass, commencing 2 February 2026.

### **What is the Learner Access Pass?**

The Learner Access Pass is a one-time enrolment cost of \$20 + GST, applied to all new participant enrolments in MHFA courses (excluding Teen MHFA and Youth Yarns, currently in development). This access pass will support:

- Improved systems to make registration, onboarding and certification more seamless for both learners and instructors
- Enhanced learner tools and digital resources so learners can access up-to-date, evidence-based materials post-course – helping to support safer, more mentally healthy workplaces that reinforce psychological safety
- Ongoing community engagement through a new MHFAider Champions Hub, providing opportunities to engage with MHFA beyond the training
- Continued skill and confidence-development via post-course supports and new learning opportunities
- Consistent, high-quality course experiences ensuring every participant, no matter where they learn, receives quality training
- Program innovation to strengthen the way MHFA is delivered ensuring the training remains relevant, evidence-based and impactful at scale
- A stronger, more sustainable MHFA community to empower Instructors, MHFAiders and organisations to keep supporting each other and their communities.

This forms part of a broader commitment to invest in quality, technology and longer-term support – ensuring that every learner, Instructor and organisation benefits from a more sustainable and connected MHFA experience.

## What this means for you

From 1 February 2026, all adult MHFA Instructor-led course enrolments will include the Learner Access Pass. This will enable the development of improved systems, consistent quality and enhanced opportunities to remain engaged and supported as an MHFAider. We recommend that you speak to your Instructor about how this pass will be factored into their course delivery cost.

To learn more, please visit the MHFA Help Centre.

Kind regards,

**Angus Clelland**

CEO, Mental Health First Aid International